

Heritage Nutrition Services

January 2023 Snack Menu

Mon	Tuesday	Wed	Thursday	Fridays
2 <i>Heritage Closed</i>	3 <i>1oz Sunchips(CN*) Fresh Apple</i>	4 <i>1oz WG Saltines 2 TBS Sun Butter</i>	5 <i>1oz Graham Crack- ers 4oz Yogurt</i>	6 <i>Soft Pretzel* W/ Cheese cup (CN)</i>
9 <i>1oz Chex Mix (CN*) Fresh Orange</i>	10 <i>1oz Grahams (CN*) 4oz Yogurt</i>	11 <i>1oz Animal Crackers (CN*) Fresh Banana</i>	12 <i>1 oz Tortilla Chips* & Cheese Cup (CN)</i>	13 <i>1oz Sunchips (CN*) 1 oz String Cheese</i>
16 <i>Heritage Closed</i>	17 <i>1 oz Pretzels* w/ Hummus (CN)</i>	18 <i>1oz Grahams (CN*) Fresh Banana</i>	19 <i>1oz Cheetos (CN*) 1oz String Cheese</i>	20 <i>1oz Animal Crackers (CN*) Fresh Orange</i>
23 <i>1oz String Cheese Sunchips (CN*)</i>	24 <i>1oz Chex Mix (CN*) Fresh Orange</i>	25 <i>1oz Grahams (CN*) 4oz Yogurt</i>	26 <i>Soft Pretzel* W/ Cheese cup (CN)</i>	27 <i>1oz WG Saltines w/ 2 2 TBS Sun butter</i>
30 <i>1 oz Tortilla Chips (CN*) Cheese Cup</i>	31 <i>1oz Sunchips (CN*) Fresh Apple</i>	<ul style="list-style-type: none"> • All Fruit/Vegetable Juices served are Pasteurized and 100% Juice. • “*” Denotes Whole Grain-Rich or Whole Grain item. • “CN” Denotes Child Nutrition Labeled and Certified product. • All Menus meet or exceed the CACFP Meal Pattern requirements. • Menus are subject to change. 		